

# Love-light Christian Counseling, NFP

## Patient (Young Adult) Intake Questionnaire

**Patient's Name:** \_\_\_\_\_ Age: \_\_\_\_\_ D.O.B.: \_\_\_\_\_ S.S.#.: \_\_\_\_\_  
 Male  Female  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone #: (\_\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_ @ \_\_\_\_\_  
Work/Cell #: (\_\_\_\_\_) \_\_\_\_\_ Religious Faith: \_\_\_\_\_ Race: \_\_\_\_\_  
School or Work: \_\_\_\_\_ Grade/Position: \_\_\_\_\_

**Father's Name:** \_\_\_\_\_ Age: \_\_\_\_\_  Biological Parent  Step-parent  Adopted  
Lives with Patient?  No  Full-time  Part-time Placement / Visitation  Deceased  
Relationship to Mother:  Married  Lived Together  Dated / Engaged  Friends / Acquaintances  
 Divorced  Separated  Never Really Together  Deceased  
Parents Relationship:  Excellent  Close  Fair  Struggling  Poor  Distant  Conflictual  Abusive  
Years Married? \_\_\_\_\_ Years Together? \_\_\_\_\_ When Separated? \_\_\_\_\_ When Divorced? \_\_\_\_\_ When Remarried? \_\_\_\_\_  
Dad's Current Relationship:  Married to Bio-mother  Living-with Bio-mother  Separated  Divorced  Single  
 Dating / Engaged  Living-with Someone Else  Remarried  Other \_\_\_\_\_  
Current Relationship:  Excellent  Close  Fair  Struggling  Poor  Distant  Conflictual  Abusive  
Years Married? \_\_\_\_\_ Years Together? \_\_\_\_\_ When Separated? \_\_\_\_\_ When Divorced? \_\_\_\_\_ When Remarried? \_\_\_\_\_

Stepfather's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Custody of Patient?  Yes  No  Deceased  
Relationship to Patient's Mother:  Live-in  Married  Separated  Divorced  Widowed  
Stepfather Is?:  With Patient's Mother  Single  Remarried  Living with Someone  Other: \_\_\_\_\_  
Relationship Quality:  Excellent  Close  Fair  Struggling  Poor  Distant  Conflictual  Abusive  
Years Together? \_\_\_\_\_ Years Married? \_\_\_\_\_ Patient's Age when Married? \_\_\_\_\_ Patient's Age when Separated? \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone #: (\_\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_ @ \_\_\_\_\_  
Work Phone #: (\_\_\_\_\_) \_\_\_\_\_ Cell Phone #: (\_\_\_\_\_) \_\_\_\_\_  
Employer: \_\_\_\_\_ Position: \_\_\_\_\_ Income Level: \_\_\_\_\_  
Race: \_\_\_\_\_ Religious Affiliation: \_\_\_\_\_ Highest Education Level: \_\_\_\_\_

**Mother's Name:** \_\_\_\_\_ Age: \_\_\_\_\_  Biological Parent  Step-parent  Adopted  
Lives with Patient?  No  Full-time  Part-time Placement / Visitation  Deceased  
Relationship to Father:  Married  Lived Together  Dated / Engaged  Friends / Acquaintances  
 Divorced  Separated  Never Really Together  Deceased  
Parents Relationship:  Excellent  Close  Fair  Struggling  Poor  Distant  Conflictual  Abusive  
Years Married? \_\_\_\_\_ Years Together? \_\_\_\_\_ When Separated? \_\_\_\_\_ When Divorced? \_\_\_\_\_ When Remarried? \_\_\_\_\_  
Current Relationship:  Married to Bio-father  Living-with Bio-father  Separated  Divorced  Single  
 Dating / Engaged  Living-with Someone Else  Remarried  Other \_\_\_\_\_  
Relationship Quality:  Excellent  Close  Fair  Struggling  Poor  Distant  Conflictual  Abusive  
Years Married? \_\_\_\_\_ Years Together? \_\_\_\_\_ When Separated? \_\_\_\_\_ When Divorced? \_\_\_\_\_ When Remarried? \_\_\_\_\_

Stepmother's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Custody of Patient?  Yes  No  Deceased  
Relationship to Patient's Father:  Live-in  Married  Separated  Divorced  Widowed  
Stepmother Is?:  With Patient's Father  Single  Remarried  Living with Someone  Other: \_\_\_\_\_  
Relationship Quality:  Excellent  Close  Fair  Struggling  Poor  Distant  Conflictual  Abusive  
Years Together? \_\_\_\_\_ Years Married? \_\_\_\_\_ Patient's Age when Married? \_\_\_\_\_ Patient's Age when Separated? \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone #: (\_\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_ @ \_\_\_\_\_  
Work Phone #: (\_\_\_\_\_) \_\_\_\_\_ Cell Phone #: (\_\_\_\_\_) \_\_\_\_\_  
Employer: \_\_\_\_\_ Position: \_\_\_\_\_ Income Level: \_\_\_\_\_  
Race: \_\_\_\_\_ Religious Affiliation: \_\_\_\_\_ Highest Education Level: \_\_\_\_\_

Patient's Birth Order: \_\_\_\_\_ of \_\_\_\_\_ # of Brothers: \_\_\_\_\_ # of Sisters: \_\_\_\_\_ Total # of People in Home: \_\_\_\_\_

**Siblings:**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Lives with Patient?  Yes  No  
 Male  Female  Full-Sibling  Half-Sibling  Step-Sibling  Adoptive

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Lives with Patient?  Yes  No  
 Male  Female  Full-Sibling  Half-Sibling  Step-Sibling  Adoptive

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Lives with Patient?  Yes  No  
 Male  Female  Full-Sibling  Half-Sibling  Step-Sibling  Adoptive

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Lives with Patient?  Yes  No  
 Male  Female  Full-Sibling  Half-Sibling  Step-Sibling  Adoptive

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Lives with Patient?  Yes  No  
 Male  Female  Full-Sibling  Half-Sibling  Step-Sibling  Adoptive

**Others Living in Home:**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Lives with Patient?  Yes  No  
 Male  Female  Parent's Girl/Boyfriend  Grandparent  Relative  Friend  Other: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Lives with Patient?  Yes  No  
 Male  Female  Parent's Girl/Boyfriend  Grandparent  Relative  Friend  Other: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Lives with Patient?  Yes  No  
 Male  Female  Parent's Girl/Boyfriend  Grandparent  Relative  Friend  Other: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Lives with Patient?  Yes  No  
 Male  Female  Parent's Girl/Boyfriend  Grandparent  Relative  Friend  Other: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Lives with Patient?  Yes  No  
 Male  Female  Parent's Girl/Boyfriend  Grandparent  Relative  Friend  Other: \_\_\_\_\_

**Interaction of Patient's Family:**

	Never	Seldom	Sometimes	Usually	Always
Are open and honest with each other	<input type="checkbox"/>				
Are too busy	<input type="checkbox"/>				
Argue/Yell/Fighting/Name Calling	<input type="checkbox"/>				
Do things together as a family	<input type="checkbox"/>				
Eat meals together as a family	<input type="checkbox"/>				
Enjoy spending time together	<input type="checkbox"/>				
Everyone does their own thing	<input type="checkbox"/>				
Go out-to-eat together as a family	<input type="checkbox"/>				
Go places together as a family	<input type="checkbox"/>				
Help and support each other	<input type="checkbox"/>				
Openly show affection to each other	<input type="checkbox"/>				
Play games together as a family	<input type="checkbox"/>				
Share feelings with each other	<input type="checkbox"/>				
Share household chores	<input type="checkbox"/>				
Spend time together	<input type="checkbox"/>				
Watch TV together as a family	<input type="checkbox"/>				

**Family Characteristics:** (Check all that apply)

- |  |   |   |   |
|--|---|---|---|
| <input type="checkbox"/> Abusive           | <input type="checkbox"/> Easy-going       | <input type="checkbox"/> Rigid                    | <input type="checkbox"/> Validating                   |
| <input type="checkbox"/> Aloof             | <input type="checkbox"/> Enmeshed         | <input type="checkbox"/> Social-butterflies       | <input type="checkbox"/> Warm                         |
| <input type="checkbox"/> Always at home    | <input type="checkbox"/> Fast-paced       | <input type="checkbox"/> Spontaneous              | <input type="checkbox"/> Wary                         |
| <input type="checkbox"/> Always on the go  | <input type="checkbox"/> Fighting/Arguing | <input type="checkbox"/> Stable                   | <input type="checkbox"/> Recent Birth                 |
| <input type="checkbox"/> Busy all the time | <input type="checkbox"/> Flexible         | <input type="checkbox"/> Strict                   | <input type="checkbox"/> Recent Death or Trauma       |
| <input type="checkbox"/> Chaotic           | <input type="checkbox"/> Inconsistent     | <input type="checkbox"/> Structured               | <input type="checkbox"/> Recent Divorce/Separation    |
| <input type="checkbox"/> Close             | <input type="checkbox"/> Involved         | <input type="checkbox"/> Supportive               | <input type="checkbox"/> Recent Financial Change      |
| <input type="checkbox"/> Consistent        | <input type="checkbox"/> Lenient          | <input type="checkbox"/> Take time to relax       | <input type="checkbox"/> Recent Job Change/Loss       |
| <input type="checkbox"/> Controlling       | <input type="checkbox"/> Loving           | <input type="checkbox"/> Tense                    | <input type="checkbox"/> Recent Legal Problems        |
| <input type="checkbox"/> Couch-potatoes    | <input type="checkbox"/> Never home       | <input type="checkbox"/> Too many things going on | <input type="checkbox"/> Recent Live-in Change        |
| <input type="checkbox"/> Critical          | <input type="checkbox"/> Nurturing        | <input type="checkbox"/> Trusting                 | <input type="checkbox"/> Recent Major Illness         |
| <input type="checkbox"/> Detail-oriented   | <input type="checkbox"/> Organized        | <input type="checkbox"/> Trustworthy              | <input type="checkbox"/> Recent Marriage/Relationship |
| <input type="checkbox"/> Disorganized      | <input type="checkbox"/> Punitive         | <input type="checkbox"/> Truthful                 | <input type="checkbox"/> Recent Move                  |
| <input type="checkbox"/> Distant           | <input type="checkbox"/> Relaxed          | <input type="checkbox"/> Unstructured             | <input type="checkbox"/> Recent School Change         |

**Presenting History/Problem(s):** (Check all that apply)

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> Abuse                 | <input type="checkbox"/> Communication             | <input type="checkbox"/> Marriage              | <input type="checkbox"/> School Work/Grades   |
| <input type="checkbox"/> Abusive of Others     | <input type="checkbox"/> Compulsive Behaviors      | <input type="checkbox"/> Medical               | <input type="checkbox"/> Self-esteem/Identity |
| <input type="checkbox"/> Abusive to Self       | <input type="checkbox"/> Defiance/Disobedience     | <input type="checkbox"/> Moodiness             | <input type="checkbox"/> Separation/Divorce   |
| <input type="checkbox"/> Adoption              | <input type="checkbox"/> Depression                | <input type="checkbox"/> Obsessive Thoughts    | <input type="checkbox"/> Sexual               |
| <input type="checkbox"/> Alcohol/Drugs         | <input type="checkbox"/> Domestic Violence         | <input type="checkbox"/> Parent-Child Issues   | <input type="checkbox"/> Sleep                |
| <input type="checkbox"/> Anxiety/Worry         | <input type="checkbox"/> Eating/Weight Issues      | <input type="checkbox"/> Parent-Teen Issues    | <input type="checkbox"/> Spiritual Struggles  |
| <input type="checkbox"/> Attachment Issues     | <input type="checkbox"/> Family                    | <input type="checkbox"/> Peer Conflict         | <input type="checkbox"/> Stress               |
| <input type="checkbox"/> Attention-Deficit     | <input type="checkbox"/> Grief/Loss                | <input type="checkbox"/> Physical Disability   | <input type="checkbox"/> Suicidal             |
| <input type="checkbox"/> Behavioral Acting-out | <input type="checkbox"/> Home Behavior             | <input type="checkbox"/> Poor Memory           | <input type="checkbox"/> Suspensions          |
| <input type="checkbox"/> Blended-Family        | <input type="checkbox"/> Infidelity/Unfaithfulness | <input type="checkbox"/> Post-traumatic Stress | <input type="checkbox"/> Thought Disorders    |
| <input type="checkbox"/> Boundaries            | <input type="checkbox"/> Learning Disabilities     | <input type="checkbox"/> Property Destruction  | <input type="checkbox"/> Trauma/Crisis        |
| <input type="checkbox"/> Child Discipline      | <input type="checkbox"/> Legal/Court               | <input type="checkbox"/> School                | <input type="checkbox"/> Truancy              |
| <input type="checkbox"/> Childhood Abuse       | <input type="checkbox"/> Loneliness                | <input type="checkbox"/> School Behavior       | <input type="checkbox"/> Work                 |

Describe Presenting Problem(s): \_\_\_\_\_

How long has Patient had this problem? \_\_\_\_\_ How have you tried to solve problem? \_\_\_\_\_

Any previous counseling?  No  Yes When? \_\_\_\_\_ How Long? \_\_\_\_\_ With Whom? \_\_\_\_\_

**Medications:** When? \_\_\_\_\_ How Long? \_\_\_\_\_ With Whom? \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ For?: \_\_\_\_\_ Prescribed By: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ For?: \_\_\_\_\_ Prescribed By: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ For?: \_\_\_\_\_ Prescribed By: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage: \_\_\_\_\_ For?: \_\_\_\_\_ Prescribed By: \_\_\_\_\_

Has Patient ever had a drug or alcohol problem?  No  Yes What?/When? \_\_\_\_\_

Was Patient ever abused in any way?  No  Yes How?/Who?/When? \_\_\_\_\_

Has Patient been previously diagnosed with any psychological problems?  No  Yes What? \_\_\_\_\_

Does/Did anyone in family have a drug or alcohol problem?  No  Yes Who?/What? \_\_\_\_\_

Was anyone in family ever abused?  No  Yes Who?/How? \_\_\_\_\_

Does/Did anyone in family suffer from psychological problems?  No  Yes Who?/What? \_\_\_\_\_

Describe any significant losses, deaths, or traumas in Patient's life: \_\_\_\_\_

**Patient's Medical History:** (Check all that apply; Past and/or Present)

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> Abortion                  | <input type="checkbox"/> Eating Disorder          | <input type="checkbox"/> Hospitalized                | <input type="checkbox"/> Recent Weight Changes              |
| <input type="checkbox"/> Allergies                 | <input type="checkbox"/> Encephalitis             | <input type="checkbox"/> Joint Problems              | <input type="checkbox"/> Rectal Bleeding                    |
| <input type="checkbox"/> Anorexia/Bulimia          | <input type="checkbox"/> Extreme Tiredness        | <input type="checkbox"/> Liver Problems              | <input type="checkbox"/> Seizures                           |
| <input type="checkbox"/> Asthma                    | <input type="checkbox"/> Extreme Weakness         | <input type="checkbox"/> Loss of Consciousness       | <input type="checkbox"/> Severe Headaches                   |
| <input type="checkbox"/> Back Problems             | <input type="checkbox"/> Eye Problems/Poor Vision | <input type="checkbox"/> Memory Problems             | <input type="checkbox"/> Sexually Transmitted Disease (STD) |
| <input type="checkbox"/> Blood Disease             | <input type="checkbox"/> Frequent Headaches       | <input type="checkbox"/> Meningitis                  | <input type="checkbox"/> Skin Problems                      |
| <input type="checkbox"/> Bowel Problems            | <input type="checkbox"/> Gallbladder Problems     | <input type="checkbox"/> Miscarriage                 | <input type="checkbox"/> Sleep Problems                     |
| <input type="checkbox"/> Cancer                    | <input type="checkbox"/> Head Injury              | <input type="checkbox"/> Mouth/Throat Problems       | <input type="checkbox"/> Stillbirth                         |
| <input type="checkbox"/> Chest Pain                | <input type="checkbox"/> Heart Problems/Disease   | <input type="checkbox"/> Neck Stiffness/Pain         | <input type="checkbox"/> Stomach Trouble                    |
| <input type="checkbox"/> Circulatory Problems      | <input type="checkbox"/> Hemorrhoids              | <input type="checkbox"/> Nose/Sinus Problems         | <input type="checkbox"/> Thyroid Disease                    |
| <input type="checkbox"/> Convulsions               | <input type="checkbox"/> Hepatitis (Type _____)   | <input type="checkbox"/> Overweight                  | <input type="checkbox"/> Underweight                        |
| <input type="checkbox"/> Diabetes                  | <input type="checkbox"/> High Blood Pressure      | <input type="checkbox"/> Premenstrual Syndrome (PMS) |   |
| <input type="checkbox"/> Ear Problems/Poor Hearing | <input type="checkbox"/> HIV/AIDS                 |  |   |

Please explain anything checked above: \_\_\_\_\_

List any hospitalizations, operations, and/or major injuries: \_\_\_\_\_

**Patient's Characteristics:** (Check all that apply)

- |  |  |                                       |  |                                       |
|--|--|---------------------------------------|--|---------------------------------------|
| <input type="checkbox"/> Abusive / Angry   | <input type="checkbox"/> Critical        | <input type="checkbox"/> Hyperactive  | <input type="checkbox"/> Over/Under weight | <input type="checkbox"/> Stubborn     |
| <input type="checkbox"/> Active/Athletic   | <input type="checkbox"/> Defiant         | <input type="checkbox"/> Intelligent  | <input type="checkbox"/> Poor Health       | <input type="checkbox"/> Supportive   |
| <input type="checkbox"/> Aloof             | <input type="checkbox"/> Detail-oriented | <input type="checkbox"/> Introverted  | <input type="checkbox"/> Punitive          | <input type="checkbox"/> Talkative    |
| <input type="checkbox"/> Always at Home    | <input type="checkbox"/> Distracted      | <input type="checkbox"/> Inattentive  | <input type="checkbox"/> Quiet             | <input type="checkbox"/> Tense        |
| <input type="checkbox"/> Always on the Go  | <input type="checkbox"/> Dishonest       | <input type="checkbox"/> Isolative    | <input type="checkbox"/> Relaxed           | <input type="checkbox"/> Too Busy     |
| <input type="checkbox"/> Angry             | <input type="checkbox"/> Disorganized    | <input type="checkbox"/> Leader       | <input type="checkbox"/> Rigid             | <input type="checkbox"/> Trusting     |
| <input type="checkbox"/> Artistic/Creative | <input type="checkbox"/> Distant         | <input type="checkbox"/> Lenient      | <input type="checkbox"/> Shut-down         | <input type="checkbox"/> Trustworthy  |
| <input type="checkbox"/> Bad Attitude      | <input type="checkbox"/> Easy-going      | <input type="checkbox"/> Loving       | <input type="checkbox"/> Shy               | <input type="checkbox"/> Truthful     |
| <input type="checkbox"/> Busy All the Time | <input type="checkbox"/> Enmeshed        | <input type="checkbox"/> Manipulative | <input type="checkbox"/> Sneaky/Deceptive  | <input type="checkbox"/> Unfocused    |
| <input type="checkbox"/> Chaotic           | <input type="checkbox"/> Extraverted     | <input type="checkbox"/> Neglectful   | <input type="checkbox"/> Social-butterfly  | <input type="checkbox"/> Unstructured |
| <input type="checkbox"/> Closed            | <input type="checkbox"/> Fast-paced      | <input type="checkbox"/> Never home   | <input type="checkbox"/> Spontaneous       | <input type="checkbox"/> Validating   |
| <input type="checkbox"/> Consistent        | <input type="checkbox"/> Fights/Argues   | <input type="checkbox"/> Nurturing    | <input type="checkbox"/> Stable            | <input type="checkbox"/> Violent      |
| <input type="checkbox"/> Controlling       | <input type="checkbox"/> Flexible        | <input type="checkbox"/> Open         | <input type="checkbox"/> Strict            | <input type="checkbox"/> Warm         |
| <input type="checkbox"/> Couch-potato      | <input type="checkbox"/> Follower        | <input type="checkbox"/> Organized    | <input type="checkbox"/> Structured        | <input type="checkbox"/> Wary         |

**Patient's Talents and Interests:**

List things Patient is interested in, likes to do, and/or is good at or talented in. \_\_\_\_\_

List the positive qualities or strengths of Patient. \_\_\_\_\_

List the negative qualities, weakness, or things needing improvement in Patient. \_\_\_\_\_

**Spiritual History:**

Patient's Faith Heritage:  Christian (Practicing)  Christian (Non-practicing)  Atheist  Agnostic  Other \_\_\_\_\_

Patient's specific Faith/Denomination Heritage of Parents: \_\_\_\_\_

Patient's current Faith:  Christian (Practicing)  Christian (Non-practicing)  Atheist  Agnostic  Other \_\_\_\_\_

Does Patient consider themselves to be Born-again?  No  Yes If so, at what age? \_\_\_\_\_

Patient's current Faith/Denomination: \_\_\_\_\_

Name of Church Patient currently attends: \_\_\_\_\_ Name of Pastor/Minister: \_\_\_\_\_

Patient's greatest Spiritual Strength: \_\_\_\_\_

Patient's greatest Spiritual Struggle: \_\_\_\_\_

Patient's Spiritual Involvement:

	Never	Rarely	Monthly	Weekly	Daily	Multiple x Day
Bible Class Attendance	<input type="checkbox"/>					
Bible Reading/Study	<input type="checkbox"/>					
Christian Clubs (AWANA, etc.)	<input type="checkbox"/>					
Devotionals	<input type="checkbox"/>					
Listening to Christian Music	<input type="checkbox"/>					
Pray	<input type="checkbox"/>					
Reading Christian Books	<input type="checkbox"/>					
Watching Christian Movies	<input type="checkbox"/>					
Worship / Church Attendance	<input type="checkbox"/>					

Spiritual Involvement as a Family:

	Never	Rarely	Monthly	Weekly	Daily	Multiple x Day
Bible Class Attendance	<input type="checkbox"/>					
Bible Reading/Study as a Family	<input type="checkbox"/>					
Christian Clubs (AWANA, etc.)	<input type="checkbox"/>					
Family Devotionals	<input type="checkbox"/>					
Listening to Christian Music	<input type="checkbox"/>					
Family Prayer	<input type="checkbox"/>					
Reading Christian Books	<input type="checkbox"/>					
Watching Christian Movies	<input type="checkbox"/>					
Worship / Church Attendance	<input type="checkbox"/>					

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date